



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

May 1, 2023

FOR IMMEDIATE RELEASE

LA PORTE COUNTY FAMILY YMCA HOSTS EVENT TO CELEBRATE KIDS BEING KIDS

The Y's largest single-day event celebrating youth development – featured a full day of free activities supported by local community organizations.

The La Porte County Family YMCA hosted the Y's annual Healthy kids day, encouraging families to explore all of the resources available to kids in our communities. Healthy Kids Day activities took place across La Porte County at both the La Porte and Michigan City YMCA branches with free community events featuring activities such as cardboard boat races, face painting, animal encounters, self defense demos and more! Vendors from all over came out to support the youth in our communities, including: City of La Porte Police Department, La Porte County Public Library, Dunes National Park, Family Advocates, Franciscan Health, MD Wise, Purple Door Academy, Michigan City Fire Department, Boy Scouts & Girl Scouts of America. Laurie Halaska, CEO of the La Porte County Family YMCA shared why this event is so important "Our YMCA focuses on the overall health and well being of our communities, which goes beyond traditional programs. Healthy Kids Day provides opportunities for our communities to learn about nutrition, nature, safety, self protection and so much more. We are always very excited to offer this free event to our communities" said Halaska. Healthy Kids Day is part of the Y's national initiative to improve health and well-being for kids and families. The YMCA uses this time to education kids about the importance of staying active and creating healthy habits they can continue through adulthood. To find more resources to keep children healthy and active, please visit www.lpymca.org

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